



## How can you help with a food bag?

Come join us for a Tea or Coffee every 2<sup>nd</sup> and 4<sup>th</sup> Sunday (3.30 pm – 05.00 pm) of the month at Great Western Community Centre and feel free to donate any non-perishable items. We will drop all contributions at Somebody Cares facility every month end.

You may also be able to grab an 'Indian Curry Box' for a voluntary contribution.

## Tinned / Packeted Soup

Pasta / Rice

Tinned Fruit/Jelly

**Tinned Ham** 

Tinned Beans / Spaghetti

**Tinned Biscuits** 

**Biscuits** 

**Pot Noodles** 

**Crisps & Sweets** 

Tea / Coffee

**Tinned Meat** 

Jam / Chocolate Spreads

Tomato Ketchup

Toiletries / Toilet Roll

Washing Powder

